

1. TITLE OF THE CERTIFICATE (ES)

Certificado de Profesionalidad de nivel 3 en
AFDA0310 ACTIVIDADES DE NATACIÓN

2. TRANSLATED TITLE OF THE CERTIFICATE (EN)

Professional Certificate Level 3 in
AFDA0310 SWIMMING ACTIVITIES
(This translation has no legal status)

3. PROFILE OF SKILLS AND COMPETENCES

The holder of this certificate will have acquired the **general competence** to program, direct and encourage processes of training/learning, basic physical conditioning and competitions and small events related to swimming activities aimed at all types of participants, with a focus on the recreational and health aspects, adapting them to the characteristics of the participants and of the environment, and ensuring the highest level of safety and quality to ensure client/participant satisfaction within the limits of the planned cost. This general competence is divided into the following **skills units** (UC):

- Execute specific swimming techniques effectively and safely (UC0269_2).
- Program training and basic physical conditioning activities related to swimming (UC1084_3).
- Direct the learning and basic physical conditioning in swimming activities (UC1085_3).
- Organise and collaborate on unofficial competitions at a basic or social level and water-based sports/game events (UC1086_3).
- Be a first responder in case of an accident or emergency situation (UC0272_2).
- Rescue people in case of an accident or emergency situation in aquatic facilities (UC0271_2).

The professional skills are acquired through the **learning outcomes** defined within the related Training Modules (MF):

- Swimming (MF0269_2).
- Programming of swimming activities (MF1084_3).
- Methodology and instruction of swimming activities (MF1085_3).
- Water-based events and competitions (MF1086_3).
- First aid (MF0272_2).
- Rescue of accident victims in aquatic facilities (MF0271_2).
- Practical training at the workplace in swimming activities (MP0368)

(See legal basis for all learning outcomes information acquired by the holder of this Certificate in each MF).

As a reference the learning outcomes include in the Practical training at the workplace that complete and reinforce the learning outcomes acquired in the other training modules, are:

- Analyse, monitor and apply the battery of tests, trials and questionnaires used by the company to determine the physical and biological condition, level of skills in the water, interest, motivation and level of autonomy of the different swimmers.
- Assist in the designing and definition of objectives in swimming activities from a previous planning.
- Assist and collaborate on the preparation of a programme of swimming activities for different types of participants, based on operational objectives, expectations and characteristics of those taking part.
- Collaborate on the direction, animation and organisation of the session, describing and demonstrating both the exercises and the correct use of materials and equipment, taking into account the type of swimmer, whether individual or in a group, and combining this with intervention in ad-hoc or permanent groups, while respecting the principle of quality.
- Help in and monitor the preparation, organisation and direction of events and competitions in the programmes of swimming activities for different types of participants.
- Analyse habits and practices that are complementary physical activity and that have a direct effect on health and quality of life.
- Analyse and carry out the process of evaluation of training/learning and physical conditioning in swimming and the swimming activities for different types of participants.
- Carry out manoeuvres to extract accident victims safely and effectively from the water.
- Identify the first aid required in situations of the most frequent injuries or pathologies and collaborate in its

3. PROFILE OF SKILLS AND COMPETENCES

application in accordance with established protocols.

- Take part in the company's working processes, following the rules and instructions established at the workplace.

4. RANGE OF OCCUPATIONS ACCESSIBLE TO THE HOLDER OF THIS CERTIFICATE

The holder of this certificate may work in the public or private sector in the following areas: Sports; Leisure and free time; and Tourism. The most pertinent occupations and positions are:

- Swimming teacher.
- Coordinator of activities in the aquatic facilities of tourism companies or public and private enterprises.
- Sports tutor in events and competitions.
- Leader of aquatic recreation days.
- Timer, judge and referee of unofficial swimming competitions.
- Sports promoter of swimming and competitions at a basic or social level and sporting events at a basic level.

The related occupations have specific requirements established in the national and regional regulations.

5. OFFICIAL BASIS OF THE CERTIFICATE

Name and status of the national/regional authority providing accreditation/recognition of the certificate

The Ministry of Employment and Social Security or the corresponding autonomous regional administration within the scope of its competence, in the name of the King. The certificate is valid throughout Spain.

Level of the certificate

The Professional Certificate Level 3 of the National Repertoire of Professional Certificates corresponds to level 4 of the International Standard Classification of Education (ISCED-P 2011).

The European Qualification Framework (EQF) level:

Grading scale/Pass requirements

The grading scale and pass level of the training modules are expressed on a scale of 0 to 10. The minimum score for a pass is 5 in every training module including a pass in the practical training at the workplace module.

The grading system is as follows:

- FAIL: 0 to 4.9
- PASS-SATISFACTORY: 5 to 6.9
- PASS-GOOD: 7 to 8.9
- PASS-EXCELLENT: 9 to 10

Access to next level of education/training

This Professional Certificate Level 3 gives access to Professional Certificate Level 3 within the same professional area and family.

For validation purposes, the educational authorities will recognise the professional module or modules of the VET diplomas corresponding to the skills units included in the training modules of this certificate.

Legal basis

Royal Decree 1518/2011 of 31 October, establishing three professional certificates in the professional family Physical and Sports Activities, which are included in the National Repertoire of Professional Certificates. (Appendix III, Code: AFDA0310)

6. OFFICIALLY RECOGNISED WAYS OF ACQUIRING THE CERTIFICATE

This certificate may be acquired by:

1. Training: Completion with a pass grade of the face-to-face or online training programme.
2. Recognition of the professional skills acquired through professional experience or non-formal training (prior learning): Completion of a process of skills evaluation and accreditation in all the skills units making up the professional certificate.
3. Dual training: Completion of a training and apprenticeship contract, which may range from 1 year (or 6 months, if stipulated as such in the collective agreement) to 3 years, during which effective working time is combined with time dedicated to training under the training programme for the professional certificate.

The training method (number 1 above) requires successful completion of the training modules and the practical training at the workplace:

Description of vocational training received	Percentage of total programme (%)	Duration (hours)
Training modules	79	590
Practical training at the workplace	21	160
Total duration of training leading to the certificate		750

Entry/access requirements:

- *Bachiller* Diploma (upper secondary education); or
- Professional Certificate Level 2 in the same professional area.
- If neither of the above or higher certifications are held, a pass in the key skills tests.

Additional information: Professional certificates are instruments for official accreditation of the professional qualifications in the National Catalogue of Professional Qualifications for all economic activities, within the scope of the labour administration. The National Repertoire of Professional Certificates is divided into three qualification levels (Level 1, Level 2 and Level 3), and by sectors into 26 professional families and 102 professional areas. More information is available at: www.sepe.es

National Europass Centre: www.oapee.es

(*) **Explanatory note:** This document is designed to provide additional information about the specified certificate, but has no legal status in itself. The format of the description is based on the following texts: Council Resolution 93/C 49/01 of 3 December 1992 on the transparency of qualifications; Council Resolution 96/C 224/04 of 15 July 1996 on the transparency of vocational training certificates; and Recommendation 2001/613/EC of the European Parliament and of the Council of 10 July 2001 on mobility within the Community for students, persons undergoing training, volunteers, teachers and trainers.

More information is available at: <http://europass.cedefop.eu.int>

Information on Professional Certificates of the Map of Qualifications and Vocational Training in Spain

