

EUROPASS SUPPLEMENT TO THE DIPLOMA OF

TITLE OF THE CERTIFICATE (original language: ES)

Técnico en Guía en el medio natural y de tiempo libre

TRANSLATED TITLE OF THE CERTIFICATE (English)

Instructor in Guiding in the Natural Environment and Leisure Time

PROFILE OF SKILLS AND COMPETENCES

The holder has acquired general skills relating to:

Organising routes and guiding groups through natural low and mid-mountain environments, on snowy Nordic-type terrain, in low-difficulty caves, low-risk canyons, aquatic environments and leisure and adventure facilities, progressing on foot, using ropes, by bicycle, in boats and on horseback, as well as animating leisure activities, adapting them to the participants, respecting the environment and guaranteeing quality and safety.

Within this framework, each PROFESSIONAL MODULE includes the following LEARNING RESULTS that the holder acquires.

“Riding techniques”.

The title holder:

- Selects, puts on and removes the equipment for mounting, interpreting its use and analysing its functionality.
- Foresees, in the process prior to mounting, the possible reactions of the mounted equine, evaluating its physical conditions, temperament and aptitudes.
- Mounts safely and with balance in all three gaits, relating the techniques to the type of animal, the terrain and the situation.
- Mounts safely and with balance in steps of relative difficulty, analysing the applicable techniques and procedures in each situation.
- Assesses the horse while riding it, analysing its reactions.

“Equestrian Guide”.

The title holder:

- Reviews, prepares and collects materials, horses and means for the route, interpreting their use and the established procedure.
- Checks and adapts equestrian routes analysing the characteristics of the participants and the conditions in which the activity is carried out.
- Guides groups along equestrian routes relating the techniques used to progress with the established programme and the environmental conditions.
- Collaborates in the organization of recreational equestrian activities interpreting the established procedure.
- Carries out recreational equestrian activities, according to the established protocol, relating the characteristics of the participants to the operating procedures.
- Assesses recreational equestrian activities and that of leading groups on horseback analysing the data collected.

“Support for Groups”.

The title holder:

- Characterises the group dynamics, relating them to the underlying psychological and sociological aspects.
- Develops strategies and techniques for group dynamics according to the context of the intervention adapting the use of the techniques to its phases.
- Identifies communication techniques analysing the characteristics of the groups and the people involved in the process.
- Implements group conflict management and problem-solving strategies selecting techniques depending on the context of the intervention.
- Evaluates group processes, identifying aspects that can be improved.

“Organisation of routes”.

The title holder:

- Assesses the intervention context of guided activities in the natural environment, analysing relevant information for the design of routes.
- Selects relevant elements for the design of routes, interpreting maps to that end.
- Designs routes through the natural environment, relating the area, available means and the profile of the group to the requested service.
- Establishes the necessary resources to complete the route analysing the type of activity and the interests of the participants.
- Specifies safety protocols for the routes in the natural environment determining the behaviours and the necessary resources.
- Determines the process of following the route specifying the type of data needed to make improvements to it.

“Guide in low and mid mountain areas”.

The title holder:

- Prepares equipment and resources for low and mid mountain routes and snowy terrain, indicating the procedures to check that they are in good condition and functional.
- Leads group progression through low and mid mountain routes, adapting techniques to the characteristics of the terrain and the participants.
- Orients him or herself in the natural environment, identifying reference points by means of instruments, maps and natural signs.
- Organises overnight stays in the natural environment, using camping and bivouac techniques and building emergency shelters.
- Recognises meteorological signs, applying techniques to interpret meteorological maps and detect signs in the natural environment.
- Leads the group in emergency situations, coordinating resources and safety measures, and applying rescue and evacuation techniques in low and mid mountain areas and in snow-covered mountains.
- Assesses routes in low and mid mountain areas and through snow-covered terrain, analysing the available data.

“Bicycle Guide”.

The title holder:

- Prepares equipment and resources for routes on bicycle, indicating the procedures to check that they are in good condition and functional.
- Carries out the operational maintenance of the bicycle and prepares the necessary material to ensure it is in good condition and in proper working order.
- Leads group progression on bicycle routes, adapting techniques to the characteristics of the terrain and the participants.
- Orients him or herself in the natural environment, identifying reference points by means of instruments, maps and natural signs.
- Leads the group in emergency situations, coordinating resources and safety measures, and applying rescue and evacuation techniques on bicycle routes.
- Assesses bicycle routes, analysing the data collected.

“Leisure Time Techniques”.

The title holder:

- Characterises leisure time projects, analysing the social context and the profiles of the target groups.
- Organises leisure and free time activities, determining the spaces and resources as well as regulations governing prevention and safety.
- Carries out recreational and leisure activities, applying animation and expression techniques and resources.
- Carries out recreational and leisure activities in the natural environment, respecting the principles of conservation, sustainability and the improvement of the environment.
- Organises camping activities, respecting prevention and safety measures and applying care protocols in the event of an emergency situation during activities carried out in the natural environment.
- Develops activities to monitor and evaluate leisure time activities, selecting strategies, techniques and resources to identify aspects that can be improved.

“Swimming Techniques”.

The title holder:

- Prepares recreational activities in the aquatic environment, combining basic skills and abilities in conditions of safety.
- Has mastered the front crawl swimming stroke, coordinating position, propulsive and balancing technical actions and breathing.

- Has mastered the backstroke, coordinating position, propulsive and balancing technical actions and breathing.
- Has mastered the breaststroke, coordinating position, propulsive and balancing technical actions and breathing.
- Performs basic coordination of the butterfly stroke, incorporating segmental actions in the undulating movement.
- Has mastered the swimming strokes under criteria of efficiency and speed.

“First aid in the natural environment”.

The title holder:

- Conducts an initial assessment of assistance in an emergency, analysing the risks, available resources and type of assistance required.
- Applies life support and first aid techniques, following the established protocols.
- Applies mobilisation and immobilisation methods that allow the injured person to be evacuated, following the established protocols.
- Develops self-training programmes relating their parameters and complementary measures to the physical and technical requirements of guides and lifeguards.
- Supervises and monitors the bathing area of a natural aquatic space and prepares rescue material resources, analysing risk factors and action protocols.
- Applies specific rescue techniques in the aquatic environment following lifesaving and rescue protocols in simulated accident or emergency situation environments.
- Applies specific rescue techniques from boats in the aquatic environment following lifesaving and rescue protocols in simulated accident or emergency situation environments.

“Guide in the natural aquatic environment”.

The title holder:

- Prepares equipment and resources for routes through the natural aquatic environment, indicating the procedures to check that they are in good condition and in proper working order.
- Prepares the boat, indicating the procedures to ensure that its elements and components are in good condition and in proper working order.
- Adapts navigation techniques, relating them to weather conditions and the characteristics of the environment.
- Applies techniques for guiding groups through routes in the natural aquatic environment, adapting them to the profiles of the users, the environment and the resources.
- Applies rescue and evacuation techniques in the natural aquatic environment, following safety and emergency protocols and plans.
- Assesses routes through the natural aquatic environment, analysing the data collected.

“Manoeuvres with ropes”.

The title holder:

- Prepares equipment and resources for manoeuvres with ropes and multi-adventure activities, indicating the procedures to check that they are in good condition and in proper working order.
- Assesses feasibility in the application of risk control measures in caving, canyoning, climbing or multi-adventure activities, analysing the context data.
- Applies techniques for leading groups through canyons, slopes and caves, adapting them to the characteristics of the participants and the environment in order to progress efficiently in conditions of safety.
- Supervises and directs the carrying out of activities in leisure and adventure facilities applying risk prevention and control protocols.
- Leads the group of participants in simulated emergency situations, coordinating resources and safety measures, and applying rescue and evacuation techniques.
- Assesses guided activities through canyons, caves and in leisure and adventure facilities, analysing the available data.

“Training and Career Guidance”.

The title holder:

- Selects employment opportunities, identifying the different possibilities of insertion and lifelong learning alternatives.
- Applies teamwork strategies, assessing their effectiveness and efficiency for the achievement of the organisation's objectives.
- Exercises the rights and complies with the obligations derived from labour relations, recognising them in the different employment contracts.
- Determines the protective action of the Social Security system in the face of the different contingencies covered, identifying the different types of benefits.
- Assesses the risks derived from his or her activity, analysing the working conditions and the risk factors that exist in their working environment.

- Participates in the preparation of a risk prevention plan in a small company, identifying the responsibilities of all the agents involved.
- Applies prevention and protection measures, analysing risk situations in the work environment of the holder of a Diploma of Education in Guiding in the Natural Environment and Leisure Time.

“Company and Entrepreneurial Initiative”.

The title holder:

- Recognises skills associated with entrepreneurship, analysing requirements derived from jobs and business activities.
- Defines the opportunity to create a small company, assessing its impact on the environment and incorporating ethical values.
- Carries out activities for the incorporation and start-up of a company, selecting the legal form and identifying the associated legal obligations.
- Carries out basic administrative and financial management activities for an SME, identifying the main accounting and tax obligations and filling in documentation.

“Workplace Training”.

The title holder:

- Identifies the structure and organisation of the company, relating them to the type of service it provides.
- Applies ethical and labour habits in the development of his or her professional activity, in accordance with the characteristics of the job and the procedures established in the company.
- Organises routes through the natural environment for different user profiles following the company's guidelines, applying safety and quality criteria and collaborating with the responsible teams.
- Prepares and ensures the availability of resources for routes through the natural environment and for leisure activities, checking that they are in good condition and following the protocols that guarantee safety in their use.
- Cooperates in guiding users along routes in the natural environment informing and helping participants and helping to control the risks of the activity.
- Takes part in the animation of leisure time activities.
- Collaborates in the establishment of preventive measures and in providing care in the event of any incident or emergency occurring during the course of guided activities in the natural land and aquatic environment and leisure time, applying the established protocols.

RANGE OF OCCUPATIONS ACCESSIBLE TO THE HOLDER OF THE CERTIFICATE

The Instructor in **Guiding in the Natural Environment and Leisure Time**

The following are the most relevant occupations and jobs:

- Designer of overland routes up to the mid-mountain level.
- Designer of equestrian routes up to the mid-mountain level.
- Designer of cycling routes on terrain up to the mid-mountain level.
- Designer of routes through the aquatic environment on recreational boats exempted from regulation.
- Designer and organiser of guided recreational physical-sports activities through the natural environment.
- Responsible for prevention and safety in bicycle routes and events.
- Responsible for prevention and safety in equestrian routes and events.
- Guide in hiking activities, mountaineering in low and mid mountain areas, trekking in low and mid-mountain areas, and routes through snow-covered Nordic-type areas on snowshoes.
- Guide for low-difficulty canyoning.
- Guide for low-difficulty caving.
- Guide for cycling routes in mountain areas.
- Guide for cycle touring routes.
- Guide for horseback itineraries.
- Guide for routes through the aquatic environment on recreational boats exempted from regulation.
- Monitor of educational leisure time for children and young people.
- Monitor of camps, youth hostels, summer camps, farm schools and nature classrooms and schools.
- Monitor of activities in the school environment.
- Monitor of leisure and adventure facilities.
- Lifeguard at sea beaches.
- Lifeguard at lakes and reservoirs.
- Support lifeguard in aquatic intervention units.
- Lifeguard for aquatic activities in the natural environment.

- Lifeguard for water sports activities.
- Lifeguard at river beaches.

OFFICIAL BASIS OF THE CERTIFICATE

Name and status of the body awarding the certificate: The Ministerio de Educación y Formación Profesional (the Ministry of Education and Vocational Training) or the Autonomous Communities in the area of their own administrative responsibility. The degree has academic and professional effects that are valid throughout the entire State.

Official duration of the Diploma: 2,000 hours.

Level of the certificate (national or international):

- NATIONAL: Post-compulsory secondary education.
- INTERNATIONAL:
 - Level 3 of the International Standard Classification of Education (ISCED 3).
 - Level _____ of the European Qualifications Framework (EQF__).

Entry requirements: A Graduate Degree in Secondary Education, or a Certificate of having passed the corresponding entrance test.

Access to the next level of education or training: Will be able to access Higher Level Training Cycles, subject to passing an entrance test.

Legal basis. Rules and regulations on which the Diploma is based:

- Minimum teaching requirements established by the State: Royal Decree 402/2020, of 25 February, which establishes the Diploma of Education in Guiding in the Natural Environment and Leisure Time and which lays down the corresponding minimum education requirements.

Explanatory note: This document is intended as supplementary information to the Diploma in question, but on its own it does not have any legal validity. It may be accompanied by an Annex I which the corresponding Autonomous Community shall fill in.

INFORMATION ABOUT THE EDUCATION SYSTEM

