

EUROPASS SUPPLEMENT TO THE DIPLOMA

TITLE OF THE CERTIFICATE (original language: ES)

Técnico Superior en enseñanza y animación sociodeportiva

TRANSLATED TITLE OF THE CERTIFICATE (English)

Diploma of Higher Education in Social and Sports Teaching and Animation

PROFILE OF SKILLS AND COMPETENCES

The holder has acquired general skills relating to the preparation, management and assessment of physical and sports entertainment projects for all types of users, programming and leading teaching, social and sports inclusion and leisure activities, coordinating the actions of the professionals involved, guaranteeing safety, respecting the environment and achieving user satisfaction, within the foreseen cost limits.

Within this framework, each PROFESSIONAL MODULE includes the following LEARNING RESULTS that the holder acquires.

“Actividades de ocio y tiempo libre” (Leisure and Free Time Activities).

The title holder:

- Plans leisure and free time projects, relating the principles of animation in leisure and free time to the needs of the users and the characteristics of the equipment and resources.
- Organises educational leisure and free time activities, analysing spaces and resources as well as regulations governing prevention and safety.
- Implements leisure and free time activities, selecting educational resources and animation techniques.
- Carries out leisure and free time activities in the natural environment, respecting the principles of environmental conservation and prevention and safety measures.
- Develops activities to monitor and evaluate leisure and free time activities, selecting strategies, techniques and resources to identify aspects that can be improved.

“Dinamización grupal” (Group Activation).

The title holder:

- Develops group creation strategies, relating interventions in leisure environments to the needs of the group.
- Activates a group, adapting the use of group activation techniques to its phases.
- Selects communication techniques, analysing the characteristics of the groups and the people involved in the process.
- Organises work teams in accordance with the different projects, selecting the cooperation and coordination techniques.
- Applies group conflict management and problem-solving strategies, selecting techniques depending on the context of the intervention.
- Evaluates group processes and his or her own social skills in order to carry out their professional duties, identifying aspects that can be improved.

“Valoración de la condición física e intervención en accidentes” (Assessment of Physical Fitness and Intervention in Accidents).

The title holder:

- Relates the levels of the intensity of physical exercise to the physiological adaptation of the cardiorespiratory and regulatory systems, analysing their behaviour.
- Relates the mechanics of basic physical fitness exercises and activities to the biomechanics and physiological adaptation of the musculoskeletal system, analysing their functioning.
- Prepares basic physical fitness programmes, applying the fundamentals of the various systems used to improve basic physical skills.
- Performs tests to determine the physical and biological condition, appropriate to the parameters to be evaluated, applying the protocols of each one of them in safe conditions.
- Interprets the results of physical fitness assessment tests, recording and analysing the data in control sheets.
- Includes complementary measures in the programmes used to improve physical fitness, assessing their impact on the improvement of health and quality of life.
- Conducts an initial assessment of assistance in an emergency, analysing the risks, available resources and type of assistance required.
- Applies life support and first aid techniques, in accordance with established protocols.
- Applies mobilisation and immobilisation methods that allow the injured person to be evacuated, if necessary.

“Planificación de la animación sociodeportiva” (Planning of Social and Sports Activities).

The title holder:

- Applies methods, techniques and instruments designed to analyse the situation, discriminating between the variables of the context that are relevant to social and sports activities.
- Prepares social and sports animation projects, taking into account the characteristics of the context and the needs detected in the analysis of the situation.
- Manages social and sports animation projects, planning the use of facilities and coordinating material and human resources.
- Draws up criteria for a plan to promote and disseminate the activities included in social and sports projects, analysing the resources available and the objectives pursued.
- Evaluates social and sports animation projects, analysing the indicators that allow data to be obtained during the different phases of their implementation.

“Juegos y actividades físico-recreativas y de animación turística” (Games and Physical and Recreational Activities and Tourist Animation).

The title holder:

- Programmes cultural evenings and activities for tourist animation purposes and for games and recreational physical-sports activities, analysing their adaptations to different contexts.
- Organises resources and means with which to carry out animation activities, assessing their adaptation to the characteristics and interests of the participants and taking into account the guidelines expressed in the reference project.
- Directs and activates events, games and physical-sports and recreational activities, using a methodology that is appropriate to animation and guaranteeing the safety and satisfaction of the participants.
- Leads evenings and shows, applying communication and group dynamics techniques that ensure the satisfaction of the participants.
- Leads and activates cultural activities with tourist animation purposes, using using a methodology that is appropriate to animation and guaranteeing the enjoyment of the participants.
- Evaluates the development and results of the animation activities, using the most appropriate techniques and instruments to assess their suitability and adequacy to the established objectives, as well as the degree of satisfaction of the participants.

“Actividades físico-deportivas individuales” (Individual Physical and Sports Activities).

The title holder:

- Characterises individual physical and sports activities, analysing the variables that can be manipulated in order to develop educational proposals with a recreational focus.
- Organises the resources involved in programmes of individual physical and sports activities and in water rescue, defining criteria of versatility, effectiveness and safety.
- Rescues people in simulated cases of accident or emergency in an aquatic environment, applying lifesaving and rescue protocols.
- Designs teaching sessions for individual physical and sports activities, relating them to the basic programme, the type of activity and the reference group.
- Leads and activates sessions of individual physical and sports activities, adapting them to the dynamics of the activity and the group.
- Evaluates individual physical and sports activities, analysing the indicators that allow their optimisation in recreational and teaching processes.

“Actividades físico-deportivas individuales” (Team Physical and Sports Activities).

The title holder:

- Characterises team physical and sports activities, analysing the variables that can be manipulated in order to develop educational proposals with a recreational focus.
- Organises the resources involved in programmes of team physical and sports activities, defining criteria of safety, versatility and effectiveness.
- Designs teaching sessions for team physical and sports activities, relating them to the basic programme, the type of activity and the reference group.
- Leads and activates sessions of team physical and sports activities, adapting them to the dynamics of the activity and the group.
- Evaluates the programme used to teach team physical and sports activities from a recreational perspective, analysing the indicators that allow its optimisation.

“Actividades físico-deportivas de implementos” (Physical and Sports Activities with Apparatus).

The title holder:

- Characterises physical and sports activities with apparatus, analysing the variables that can be manipulated in order to develop educational proposals with a recreational focus.
- Organises the resources involved in programmes of physical and sports activities with apparatus, defining criteria of versatility, effectiveness and safety.
- Designs teaching sessions for physical and sports activities with apparatus, relating them to the basic programme, the type of activity and the reference group.

- Leads and activates sessions of physical and sports activities with apparatus, adapting them to the dynamics of the activity and the group.
- Evaluates the programme used to teach physical and sports activities with apparatus, analysing the indicators that allow its optimisation.

“Actividades físico-deportivas para la inclusión social” (Physical and Sports Activities for Social Inclusion).

The title holder:

- Programmes social and sports inclusion activities for groups of elderly people, analysing the influence of the practice of physical and sports activity on the variables of the ageing process.
- Programmes adaptations of physical and sports activities for the inclusion of people with disabilities in ordinary groups, analysing the necessary modifications according to the type of disability.
- Programmes social and sports inclusion activities for groups of people at risk of social exclusion, analysing the influence of the practice of physical and sports activity on the levels of socialisation of these groups.
- Applies social and sport intervention strategies for groups of elderly people, promoting their full participation in the activities and relating them to the goals of the programme.
- Applies social and sport intervention strategies for groups of people with disabilities, promoting their full participation in the activities and relating them to the goals of the programme.
- Applies social and sports intervention strategies for groups of people at risk of social exclusion, relating them to the goals of the programme and assessing their full participation in the activities.
- Designs the evaluation of the social and sports inclusion process, establishing instruments that make it possible to obtain relevant information in accordance with the objectives of the intervention.

“Metodología de la enseñanza de actividades físico-deportivas” (Methodology of the Teaching of Physical and Sports Activities).

The title holder:

- Assesses the difficulty of motor tasks, analysing the mechanisms involved in them and their repercussion on the learning process in different developmental moments.
- Prepares programmes to teach physical and sports activities, relating their component elements.
- Organises the resources involved in the teaching programmes of physical and sports activities, defining criteria of effectiveness and efficiency.
- Designs teaching sessions for physical and sports activities, relating them to the type of activity and the reference group.
- Evaluates the programme used to teach physical and sports activities, analysing the indicators that allow its optimisation.
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“Proyecto de enseñanza y animación sociodeportiva” (Social and Sports Teaching and Animation Project).

The title holder:

- Identifies needs in the productive sector, relating them to standard projects that can satisfy them.
- Designs projects related to the skills expressed in the diploma, including and developing its component phases.
- Plans the implementation or execution of the project, determining the intervention plan and associated documentation.
- Defines the procedures used to monitor and control the execution of the project, justifying the selection of variables and instruments used.

“Formación y orientación laboral” (Training and Career Guidance).

The title holder:

- Selects employment opportunities, identifying the different possibilities of insertion and lifelong learning alternatives.
- Applies teamwork strategies, assessing their effectiveness and efficiency for the achievement of the organisation's objectives.
- Exercises the rights and complies with the obligations derived from labour relations, recognising them in the different employment contracts.
- Determines the protective action of the Social Security system in the face of the different contingencies covered, identifying the different types of benefits.
- Assesses the risks derived from his or her activity, analysing the working conditions and the risk factors that exist in their working environment.
- Participates in the preparation of a risk prevention plan in a small company, identifying the responsibilities of all the agents involved.
- Applies prevention and protection measures, analysing risk situations in the work environment of the holder of a Diploma of Higher Education in Social and Sports Teaching and Animation.

“Empresa e iniciativa emprendedora” (Company and Entrepreneurial Initiative).

The title holder:

- Recognises skills associated with entrepreneurship, analysing requirements derived from jobs and business activities.
- Defines the opportunity to create a small company, assessing its impact on the environment and incorporating ethical values.
- Carries out activities for the incorporation and start-up of a company, selecting the legal form and identifying the associated legal obligations.
- Carries out administrative and financial management activities for an SME, identifying the main accounting and tax obligations and filling in documentation.

“Formación en centros de trabajo” (Workplace Training).

The title holder:

- Identifies the structure and organisation of the company, relating them to the type of service it provides.
- Applies ethical and labour habits in the development of his or her professional activity, in accordance with the characteristics of the job and the procedures established in the company.
- Organises free time social and sports activities, aimed at all types of users and in different contexts, following the company's guidelines and collaborating with the teams responsible for the different programmes.
- Designs sessions for the teaching of games and individual and team physical and sports activities, and similar activities using apparatus, for all types of users and in different contexts, following the guidelines established in the general programme.
- Leads and activates leisure time activities, guaranteeing the enjoyment and safety of the participants.
- Leads and activates sessions for the teaching of games and individual and team physical and sports activities, and similar activities using apparatus, guaranteeing the enjoyment, learning and safety of the participants.
- Evaluates teaching and animation programmes and activities, incorporating quality criteria in the search for excellence in the service offered.

RANGE OF OCCUPATIONS ACCESSIBLE TO THE HOLDER OF THE CERTIFICATE

The Holder of a Diploma of Higher Education in Social and Sports Teaching and Animation carries out his or her professional activity both in the public field, for State, Autonomous Community or Local Authorities, and in large, medium or small private entities that offer services such as sports education, physical fitness, social and sports inclusion, and recreation.

The following are the most relevant occupations and jobs:

- Teacher of physical and sports activities (swimming, athletics, basketball, volleyball, tennis and paddle, among others).
- Physical, sports and recreational animator.
- Animator of activities for social and sports inclusion.
- Animator of evening events and shows in tourist facilities.
- Animator of outdoor recreational activities in tourist facilities.
- Coordinator of sports animation activities.
- Coordinator of physical and sports activities in sports facilities of tourist companies or public and private entities.
- Coordinator of educational leisure time for children and young people.
- Coordinator of camps, youth hostels, summer camps, farm schools, classrooms in youth centres and nature schools.
- Coordinator of paracurricular activities in the school environment.
- Manager of educational leisure time projects for children and young people.
- Director of educational leisure time for children and young people.
- Director of camps, youth hostels, summer camps, farm schools, classrooms in youth centres and nature schools.
- Director of paracurricular activities in the school environment.
- Head of a tourist animation department.
- Timekeeper, judge and referee of non-official sports competitions.
- Promoter of sports and elementary or social competitions and grassroots sports events.
- Monitor of physical and sports and recreational activities in camps.
- Leisure time monitor.
- Lifeguard in aquatic facilities.

OFFICIAL BASIS OF THE CERTIFICATE

Name and status of the body awarding the certificate: The Ministerio de Educación (the Ministry of Education) or the Autonomous Communities in the area of their own administrative responsibility. The degree has academic and professional effects that are valid throughout the entire State.

Official duration of the Diploma: 2,000 hours.

Level of the certificate (national or international)

- NATIONAL: Non-university higher education.
- INTERNATIONAL:
 - Level 5b of the International Standard Classification of Education (ISCED 5b).
 - Level 5 of the European Qualifications Framework (EQF 5).

Entry requirements: A Bachelor's Degree or a Certificate of having passed the corresponding access test.

Access to the next level of education or training: The holder will be able to access any university degree course.

Legal basis. Rules and regulations on which the Diploma is based:

Minimum teaching requirements established by the State: Royal Decree 653/2017, of 23 June, which establishes the Diploma of Higher Education in Social and Sports Teaching and Animation, and which lays down the corresponding minimum education requirements.

Explanatory note: This document is intended as supplementary information to the Diploma in question, but on its own it does not have any legal validity.

COURSE STRUCTURE OF THE OFFICIALLY RECOGNISED DIPLOMA

PROFESSIONAL MODULES OF THE DIPLOMA ESTABLISHED IN THE ROYAL DECREE	ECTS CREDITS
Leisure and Free Time Activities.	9
Group Activation.	7
Assessment of Physical Fitness and Intervention in Accidents.	12
Planning of Social and Sports Activities.	4
Games and Physical and Recreational Activities and Tourist Animation.	10
Individual Physical and Sports Activities.	10
Team Physical and Sports Activities.	9
Physical and Sports Activities with Apparatus.	9
Physical and Sports Activities for Social Inclusion.	6
Methodology of the Teaching of Physical and Sports Activities.	8
Social and Sports Teaching and Animation Project.	5
Training and Career Guidance	5
Company and Entrepreneurial Initiative.	4
Workplace Training	22
	TOTAL CREDITS
	120
OFFICIAL DURATION OF THE DIPLOMA (HOURS)	2,000

* 55% of the minimum education requirements of the diploma reflected in the above table is of an official nature and is valid throughout the national territory. The remaining 45% is specific to each Autonomous Community and may be reflected in **Annex I** to this supplement.

